

Infant's Name _____ Birth Date _____ Today's Date _____

____ Male ____ Female Birth Weight _____ Present Weight _____ Birth Location _____

____ Vaginal birth ____ C-Section Birth Any birth complications? _____

Are you presently breastfeeding ____ Yes ____ No If no, how long since you stopped breastfeeding _____

Medical History:

1. Infants are usually given vitamin K at birth. Did your child receive the vitamin K shot? ____ Yes ____ No

2. Was your infant premature? ____ Yes ____ No If Yes, how many weeks? _____

3. Does your infant have any heart disease ____ Yes ____ No or known bleeding diseases? ____ Yes ____ No

4. Has your infant had any surgery? ____ Yes ____ No

5. Has your infant experienced any of the following? Please check / circle / elaborate as needed.

____ Shallow latch at breast or bottle

____ Falls asleep in the middle of a feed

____ Slides or pops on and off the nipple

____ Gagging, choking, or coughing when eating

____ Poor or slow weight gain

____ Hiccups often ____ Lots of *in utero* hiccups

____ Gumming or chewing the nipple

____ Pacifier falls out easily or won't stay in

____ Snoring, noisy breathing, or mouth breathing

____ Short sleeping and waking often

____ Baby moves a lot in sleep/restless sleep

____ Baby seems always hungry and not full

____ Lip curls under when nursing or taking bottle

____ Clicking or smacking noises when eating

____ Sucking blisters or callouses on lips

____ Colic symptoms / Baby cries a lot

____ Reflux symptoms

____ Spits up often? Amount / Frequency _____

____ Gassy (toots a lot) / Fussy often

____ Milk leaks out of mouth when nursing/bottle

____ Nose sounds congested often

____ Baby is frustrated at the breast or bottle

How long does baby take to eat? _____

How often does baby eat? _____

6. Is your infant taking any medications? ____ Reflux ____ Thrush Name of medication: _____

7. Has your infant had a prior surgery to correct the tongue or lip tie? If yes, when, where, and by whom?

7. Do you have any of the following signs or symptoms now or in the past? Please check/circle/elaborate.

____ Creased, flattened, or blanched nipples

____ Lipstick shaped nipples

____ Blistered or cut nipples

____ Bleeding nipples

Pain on a scale of 1-10 when first latching _____

Pain (1-10) during nursing _____

____ Poor or incomplete breast drainage

____ Decreasing milk supply

____ Plugged ducts / engorgement / mastitis

____ Nipple thrush

____ Using a nipple shield

____ Baby prefers one side over other ____ (R/L)

____ Feelings of hopelessness / depression

Primary Care Provider _____ Chiropractor/PT/CST _____

Lactation Consultant _____ Other Therapist/Provider _____

Who referred you to us? _____ How far away do you live? _____

Doctor's Signature _____

